

What if you traded our Weekly Plan on the Five Index Funds we trade.  
 Trading period covered 54 weeks beginning Mar 2011 to Apr 2012.  
 Results based on backtesting, not actual trades, nevertheless they suggest significant profit potential. Results exclude commissions.

Note: Weekly Plan will not issue new trade positions in weeks with extreme changes in volatility.

Index Fund	Average Weekly Return	Average Monthly Return	Annual Return
DJX	4.4%	12.5%	150.6%
NDX	12.1%	38.8%	465.0%
RUT	11.2%	28.0%	335.9%
SPX	9.8%	30.0%	360.3%
XEO	10.0%	23.7%	284.0%

Trade Date	Index Traded	Bull-Put Spreads	Bear-Call Spreads	Expiration Date	Credit Per Contract	Debit Per Contract	Weekly Return%	Monthly Return%	Annual Return%
3-Mar-11	DJX	117/115	125/127	11-Mar-11	\$7	\$0	3.63%		
17-Mar-11	DJX	111/109	123/125	25-Mar-11	\$10	\$0	5.26%		
31-Mar-11	DJX	119/117	128/130	8-Apr-11	\$4	\$0	2.04%	10.9%	
7-Apr-11	DJX	120/118	128/130	15-Apr-11	\$7	\$0	3.63%		
14-Apr-11	DJX	119/117	127/129	22-Apr-11	\$2	\$0	1.01%		
21-Apr-11	DJX	121/119	128/130	29-Apr-11	\$2	\$7	-2.53%		
28-Apr-11	DJX	123/121	131/133	6-May-11	\$4	\$0	2.04%	4.2%	
12-May-11	DJX	122/120	131/133	20-May-11	\$6	\$0	3.09%		
19-May-11	DJX	122/120	130/132	27-May-11	\$5	\$0	2.56%		
26-May-11	DJX	120/118	128/130	3-Jun-11	\$6	\$0	3.09%	8.7%	
2-Jun-11	DJX	118/116	128/130	10-Jun-11	\$9	\$0	4.71%		
16-Jun-11	DJX	113/111	125/127	24-Jun-11	\$10	\$0	5.26%		
23-Jun-11	DJX	116/114	126/128	1-Jul-11	\$12	\$0	6.38%		
30-Jun-11	DJX	119/117	127/129	8-Jul-11	\$6	\$0	3.09%	19.5%	
7-Jul-11	DJX	122/120	130/132	15-Jul-11	\$13	\$0	6.95%		
21-Jul-11	DJX	121/119	131/133	29-Jul-11	\$9	\$0	4.71%	11.7%	
11-Aug-11	DJX	99/97	116/118	19-Aug-11	\$28	\$0	16.28%	16.3%	
8-Sep-11	DJX	107/105	122/124	16-Sep-11	\$19	\$0	10.50%	10.5%	
13-Oct-11	DJX	109/107	121/123	21-Oct-11	\$13	\$0	6.95%		
20-Oct-11	DJX	108/106	122/124	28-Oct-11	\$18	\$31	-7.14%	-0.2%	
10-Nov-11	DJX	111/109	125/127	18-Nov-11	\$14	\$0	7.53%		
17-Nov-11	DJX	112/110	126/128	25-Nov-11	\$16	\$0	8.70%	16.2%	
1-Dec-11	DJX	114/112	126/128	9-Dec-11	\$16	\$0	8.70%		
8-Dec-11	DJX	114/112	130/132	16-Dec-11	\$17	\$0	9.29%		
15-Dec-11	DJX	112/110	124/126	23-Dec-11	\$8	\$0	4.17%		
22-Dec-11	DJX	117/115	126/128	30-Dec-11	\$12	\$0	6.38%		
29-Dec-11	DJX	117/115	126/128	6-Jan-12	\$13	\$0	6.95%	35.5%	
12-Jan-12	DJX	120/118	129/131	20-Jan-12	\$7	\$0	3.63%		
19-Jan-12	DJX	121/119	130/132	27-Jan-12	\$7	\$0	3.63%	7.3%	
2-Feb-12	DJX	123/121	132/134	10-Feb-12	\$7	\$0	3.63%		
9-Feb-12	DJX	124/122	133/135	17-Feb-12	\$6	\$0	3.09%		
23-Feb-12	DJX	125/123	134/136	2-Mar-12	\$5	\$0	2.56%	9.3%	
1-Mar-12	DJX	125/123	134/136	9-Mar-12	\$5	\$0	2.56%		
8-Mar-12	DJX	124/122	133/135	16-Mar-12	\$7	\$0	3.63%		
15-Mar-12	DJX	128/126	136/138	23-Mar-12	\$5	\$0	2.56%		
22-Mar-12	DJX	127/125	136/138	30-Mar-12	\$9	\$0	4.71%		
29-Mar-12	DJX	127/125	136/138	6-Apr-12	\$4	\$0	2.04%	15.5%	

5-Apr-12	DJX	126/124	135/137	13-Apr-12	\$5	\$0	2.56%		
12-Apr-12	DJX	123/121	133/135	20-Apr-12	\$8	\$0	4.17%		
19-Apr-12	DJX	125/123	135/137	27-Apr-12	\$7	\$0	3.63%	10.4%	
	DJX						Annualized Return	150.6%	
3-Mar-11	NDX	2250/2225	2400/2425	11-Mar-11	\$682	\$0	37.51%		
10-Mar-11	NDX	2225/2200	2425/2450	18-Mar-11	\$432	\$0	20.89%		
31-Mar-11	NDX	2250/2225	2425/2450	8-Apr-11	\$105	\$0	4.38%	62.8%	
7-Apr-11	NDX	2250/2225	2400/2425	15-Apr-11	\$235	\$0	10.38%		
14-Apr-11	NDX	2250/2225	2400/2425	22-Apr-11	\$250	\$0	11.11%		
21-Apr-11	NDX	2300/2275	2425/2450	29-Apr-11	\$247	\$0	10.96%		
28-Apr-11	NDX	2350/2325	2475/2500	6-May-11	\$255	\$0	11.36%	43.8%	
5-May-11	NDX	2300/2275	2475/2500	13-May-11	\$240	\$0	10.62%		
12-May-11	NDX	2325/2300	2450/2475	20-May-11	\$342	\$0	15.85%		
19-May-11	NDX	2300/2275	2425/2450	27-May-11	\$170	\$0	7.30%		
26-May-11	NDX	2250/2225	2375/2400	3-Jun-11	\$270	\$0	12.11%	45.9%	
2-Jun-11	NDX	2250/2225	2400/2425	10-Jun-11	\$302	\$0	13.74%		
9-Jun-11	NDX	2175/2150	2325/2350	17-Jun-11	\$320	\$0	14.68%		
23-Jun-11	NDX	2150/2125	2325/2350	1-Jul-11	\$212	\$0	9.27%	37.7%	
7-Jul-11	NDX	2300/2275	2450/2475	15-Jul-11	\$565	\$0	29.20%		
14-Jul-11	NDX	2250/2225	2450/2475	22-Jul-11	\$245	\$0	10.86%		
21-Jul-11	NDX	2300/2275	2475/2500	29-Jul-11	\$285	\$0	12.87%	52.9%	
25-Aug-11	NDX	1975/1950	2325/2350	2-Sep-11	\$255	\$0	11.36%	11.4%	
1-Sep-11	NDX	2125/2100	2375/2400	9-Sep-11	\$420	\$0	20.19%		
8-Sep-11	NDX	2100/2075	2350/2375	16-Sep-11	\$860	\$0	52.44%		
15-Sep-11	NDX	2125/2100	2375/2400	23-Sep-11	\$472	\$0	23.27%		
29-Sep-11	NDX	2050/2025	2400/2425	7-Oct-11	\$220	\$0	9.65%	105.6%	
6-Oct-11	NDX	2025/2000	2325/2350	14-Oct-11	\$435	\$0	21.07%		
13-Oct-11	NDX	2200/2175	2425/2450	21-Oct-11	\$367	\$0	17.21%		
20-Oct-11	NDX	2175/2150	2450/2475	28-Oct-11	\$440	\$0	21.36%	59.6%	
3-Nov-11	NDX	2200/2175	2450/2475	11-Nov-11	\$402	\$0	19.16%		
10-Nov-11	NDX	2175/2150	2450/2475	18-Nov-11	\$267	\$0	11.96%		
17-Nov-11	NDX	2200/2175	2450/2475	25-Nov-11	\$460	\$2,500	#####	-68.9%	
1-Dec-11	NDX	2175/2150	2400/2425	9-Dec-11	\$235	\$0	10.38%		
8-Dec-11	NDX	2175/2150	2450/2475	16-Dec-11	\$362	\$0	16.93%		
15-Dec-11	NDX	2125/2100	2325/2350	23-Dec-11	\$280	\$0	12.61%		
22-Dec-11	NDX	2175/2150	2350/2375	30-Dec-11	\$270	\$0	12.11%		
29-Dec-11	NDX	2175/2150	2350/2375	6-Jan-12	\$142	\$68	3.14%	55.2%	
12-Jan-12	NDX	2300/2275	2450/2475	20-Jan-12	\$185	\$0	7.99%		
19-Jan-12	NDX	2350/2325	2500/2525	27-Jan-12	\$222	\$0	9.75%	17.7%	
2-Feb-12	NDX	2425/2400	2575/2600	10-Feb-12	\$162	\$0	6.93%		
9-Feb-12	NDX	2475/2450	2625/2650	17-Feb-12	\$220	\$0	9.65%	16.6%	
1-Mar-12	NDX	2550/2525	2700/2725	9-Mar-12	\$335	\$0	15.47%		
8-Mar-12	NDX	2525/2500	2700/2725	16-Mar-12	\$282	\$0	12.71%		
15-Mar-12	NDX	2625/2600	2800/2825	23-Mar-12	\$257	\$0	11.46%		
22-Mar-12	NDX	2650/2625	2825/2850	30-Mar-12	\$175	\$0	7.53%		
29-Mar-12	NDX	2675/2650	2850/2875	6-Apr-12	\$215	\$0	9.41%	56.6%	
5-Apr-12	NDX	2675/2650	2825/2850	13-Apr-12	\$302	\$0	13.74%		

12-Apr-12	NDX	2600/2575	2800/2825	20-Apr-12	\$392	\$0	18.60%		
19-Apr-12	NDX	2600/2575	2825/2850	27-Apr-12	\$295	\$0	13.38%	45.7%	
	NDX						Annualized Return	465.0%	
3-Mar-11	RUT	775/765	840/850	11-Mar-11	\$196	\$0	24.38%		
10-Mar-11	RUT	770/760	870/880	18-Mar-11	\$129	\$0	14.81%		
17-Mar-11	RUT	755/745	835/845	25-Mar-11	\$51	\$0	5.37%		
24-Mar-11	RUT	775/765	850/860	1-Apr-11	\$98	\$0	10.86%		
31-Mar-11	RUT	805/795	880/890	8-Apr-11	\$165	\$0	19.76%	75.2%	
7-Apr-11	RUT	820/810	890/900	15-Apr-11	\$66	\$0	7.07%		
14-Apr-11	RUT	790/780	855/865	25-Apr-11	\$47	\$0	4.93%		
21-Apr-11	RUT	815/805	865/875	2-May-11	\$56	\$59	-0.32%		
28-Apr-11	RUT	825/815	890/900	6-May-11	\$39	\$0	4.06%	15.7%	
5-May-11	RUT	800/790	875/885	13-May-11	\$90	\$0	9.89%		
12-May-11	RUT	805/795	875/885	20-May-11	\$90	\$0	9.89%	19.8%	
9-Jun-11	RUT	750/740	825/835	17-Jun-11	\$78	\$0	8.46%		
23-Jun-11	RUT	760/750	840/850	1-Jul-11	\$68	\$0	7.30%	15.8%	
7-Jul-11	RUT	810/800	880/890	15-Jul-11	\$149	\$0	17.51%		
14-Jul-11	RUT	795/785	880/890	22-Jul-11	\$111	\$0	12.49%		
21-Jul-11	RUT	795/785	870/880	29-Jul-11	\$115	\$0	12.99%	43.0%	
11-Aug-11	RUT	590/580	725/735	19-Aug-11	\$155	\$0	18.34%	18.3%	
8-Sep-11	RUT	650/640	770/780	16-Sep-11	\$106	\$0	11.86%	11.9%	
13-Oct-11	RUT	650/640	750/760	21-Oct-11	\$86	\$0	9.41%	9.4%	
3-Nov-11	RUT	670/660	780/790	11-Nov-11	\$194	\$0	23.00%		
10-Nov-11	RUT	660/650	775/785	18-Nov-11	\$98	\$0	10.86%		
17-Nov-11	RUT	670/660	785/795	28-Nov-11	\$78	\$0	8.46%	42.3%	
1-Dec-11	RUT	685/675	790/800	9-Dec-11	\$170	\$0	20.48%		
8-Dec-11	RUT	685/675	810/820	16-Dec-11	\$113	\$0	12.74%		
15-Dec-11	RUT	660/650	755/765	23-Dec-11	\$78	\$0	8.46%	41.7%	
5-Jan-12	RUT	710/700	790/800	13-Jan-12	\$64	\$0	6.84%		
26-Jan-12	RUT	760/750	830/840	3-Feb-12	\$68	\$0	7.30%	14.1%	
2-Feb-12	RUT	770/760	845/855	10-Feb-12	\$108	\$0	12.11%		
9-Feb-12	RUT	790/780	865/875	17-Feb-12	\$102	\$0	11.36%	23.5%	
8-Mar-12	RUT	755/745	835/845	16-Mar-12	\$125	\$0	14.29%		
15-Mar-12	RUT	785/775	860/870	23-Mar-12	\$137	\$0	15.87%		
22-Mar-12	RUT	790/780	870/880	30-Mar-12	\$70	\$0	7.53%		
29-Mar-12	RUT	795/785	875/885	9-Apr-12	\$58	\$0	6.16%	43.8%	
5-Apr-12	RUT	780/770	860/870	16-Apr-12	\$70	\$0	7.53%		
19-Apr-12	RUT	760/750	840/850	27-Apr-12	\$90	\$0	9.89%	17.4%	
	RUT						Annualized Return	335.9%	
3-Mar-11	SPX	1270/1260	1350/1360	11-Mar-11	\$177	\$0	21.51%		
17-Mar-11	SPX	1195/1185	1320/1330	25-Mar-11	\$141	\$0	16.41%		
24-Mar-11	SPX	1255/1245	1340/1350	1-Apr-11	\$66	\$0	7.07%		
31-Mar-11	SPX	1290/1280	1370/1380	8-Apr-11	\$58	\$0	6.16%	51.1%	
7-Apr-11	SPX	1295/1285	1375/1385	15-Apr-11	\$43	\$0	4.49%		
14-Apr-11	SPX	1275/1265	1350/1360	25-Apr-11	\$62	\$0	6.61%		
21-Apr-11	SPX	1295/1285	1365/1375	2-May-11	\$45	\$0	4.71%		
28-Apr-11	SPX	1320/1310	1390/1400	6-May-11	\$68	\$0	7.30%	23.1%	

12-May-11	SPX	1310/1300	1380/1390	20-May-11	\$81	\$0	8.81%		
19-May-11	SPX	1305/1295	1375/1385	27-May-11	\$93	\$0	10.25%	19.1%	
2-Jun-11	SPX	1265/1255	1360/1370	10-Jun-11	\$81	\$0	8.81%		
9-Jun-11	SPX	1235/1225	1325/1335	17-Jun-11	\$91	\$0	10.01%		
16-Jun-11	SPX	1215/1205	1320/1330	24-Jun-11	\$137	\$0	15.87%		
23-Jun-11	SPX	1235/1225	1340/1350	1-Jul-11	\$75	\$0	8.11%	42.8%	
7-Jul-11	SPX	1300/1290	1380/1390	15-Jul-11	\$83	\$0	9.05%		
21-Jul-11	SPX	1280/1270	1375/1385	29-Jul-11	\$195	\$0	24.22%	33.3%	
11-Aug-11	SPX	1025/1015	1215/1225	19-Aug-11	\$185	\$0	22.70%		
18-Aug-11	SPX	1095/1085	1265/1275	26-Aug-11	\$62	\$0	6.61%		
25-Aug-11	SPX	1080/1070	1275/1285	2-Sep-11	\$70	\$0	7.53%	36.8%	
8-Sep-11	SPX	1125/1115	1270/1280	16-Sep-11	\$172	\$0	20.77%		
15-Sep-11	SPX	1120/1110	1255/1265	23-Sep-11	\$18	\$0	1.83%		
22-Sep-11	SPX	1085/1075	1250/1260	30-Sep-11	\$191	\$0	23.61%		
29-Sep-11	SPX	1065/1055	1235/1245	7-Oct-11	\$137	\$0	15.87%	62.1%	
6-Oct-11	SPX	1070/1060	1225/1235	14-Oct-11	\$70	\$0	7.53%		
13-Oct-11	SPX	1150/1140	1265/1275	21-Oct-11	\$114	\$0	12.87%		
20-Oct-11	SPX	1135/1125	1285/1295	28-Oct-11	\$133	\$9	14.30%		
27-Oct-11	SPX	1165/1155	1320/1330	4-Nov-11	\$183	\$0	22.40%	57.1%	
3-Nov-11	SPX	1175/1165	1305/1315	11-Nov-11	\$164	\$0	19.62%		
10-Nov-11	SPX	1160/1150	1300/1310	18-Nov-11	\$131	\$0	15.07%		
17-Nov-11	SPX	1165/1155	1310/1320	28-Nov-11	\$135	\$0	15.61%	50.3%	
1-Dec-11	SPX	1185/1175	1310/1320	9-Dec-11	\$100	\$0	11.11%		
8-Dec-11	SPX	1180/1170	1340/1350	16-Dec-11	\$122	\$0	13.90%		
15-Dec-11	SPX	1155/1145	1265/1275	23-Dec-11	\$114	\$33	9.14%		
22-Dec-11	SPX	1195/1185	1290/1300	3-Jan-12	\$137	\$0	15.87%	50.0%	
5-Jan-12	SPX	1230/1220	1325/1335	13-Jan-12	\$83	\$0	9.05%		
19-Jan-12	SPX	1275/1265	1345/1355	27-Jan-12	\$129	\$0	14.81%		
26-Jan-12	SPX	1290/1280	1360/1370	3-Feb-12	\$139	\$0	16.14%	40.0%	
9-Feb-12	SPX	1310/1300	1390/1400	17-Feb-12	\$79	\$0	8.58%	8.6%	
8-Mar-12	SPX	1310/1300	1395/1405	16-Mar-12	\$104	\$875	-86.05%		
15-Mar-12	SPX	1355/1345	1435/1445	23-Mar-12	\$64	\$0	6.84%		
22-Mar-12	SPX	1360/1350	1450/1460	30-Mar-12	\$87	\$0	9.53%	-69.7%	
5-Apr-12	SPX	1360/1350	1440/1450	16-Apr-12	\$58	\$0	6.16%		
19-Apr-12	SPX	1335/1325	1435/1445	27-Apr-12	\$87	\$0	9.53%	15.7%	
	SPX						Annualized Return	360.3%	
3-Mar-11	XEO	570/560	605/615	11-Mar-11	\$138	\$0	15.94%		
24-Mar-11	XEO	565/555	600/610	1-Apr-11	\$145	\$0	16.96%		
31-Mar-11	XEO	580/570	610/620	8-Apr-11	\$95	\$0	10.50%	43.4%	
7-Apr-11	XEO	580/570	610/620	15-Apr-11	\$65	\$0	6.95%		
28-Apr-11	XEO	590/580	620/630	6-May-11	\$60	\$0	6.38%	13.3%	
12-May-11	XEO	580/570	610/620	20-May-11	\$108	\$0	12.04%		
26-May-11	XEO	570/560	600/610	6-Jun-11	\$105	\$0	11.73%	23.8%	
9-Jun-11	XEO	550/540	590/600	17-Jun-11	\$70	\$0	7.53%		
7-Jul-11	XEO	580/570	610/620	15-Jul-11	\$160	\$0	19.05%	26.6%	
14-Jul-11	XEO	570/560	605/615	22-Jul-11	\$150	\$0	17.65%		
21-Jul-11	XEO	575/565	610/620	29-Jul-11	\$145	\$0	16.96%	34.6%	

11-Aug-11	XEO	470/460	545/555	19-Aug-11	\$245	\$0	32.45%	32.5%	
8-Sep-11	XEO	510/500	570/580	16-Sep-11	\$148	\$0	17.30%		
22-Sep-11	XEO	495/485	560/570	30-Sep-11	\$100	\$0	11.11%	28.4%	
13-Oct-11	XEO	520/510	570/580	21-Oct-11	\$108	\$0	12.04%		
20-Oct-11	XEO	520/510	580/590	28-Oct-11	\$153	\$0	17.99%	30.0%	
10-Nov-11	XEO	525/515	580/590	18-Nov-11	\$155	\$0	18.34%		
17-Nov-11	XEO	525/515	585/595	28-Nov-11	\$123	\$0	13.96%	32.3%	
8-Dec-11	XEO	540/530	600/610	16-Dec-11	\$170	\$0	20.48%		
15-Dec-11	XEO	525/515	575/585	23-Dec-11	\$93	\$0	10.19%		
22-Dec-11	XEO	545/535	585/595	3-Jan-12	\$100	\$0	11.11%		
29-Dec-11	XEO	545/535	585/595	9-Jan-12	\$113	\$0	12.68%	54.5%	
5-Jan-12	XEO	560/550	600/610	13-Jan-12	\$65	\$0	6.95%		
12-Jan-12	XEO	570/560	600/610	23-Jan-12	\$98	\$0	10.80%		
19-Jan-12	XEO	575/565	610/620	27-Jan-12	\$75	\$0	8.11%		
26-Jan-12	XEO	585/575	615/625	3-Feb-12	\$93	\$0	10.19%	36.1%	
9-Feb-12	XEO	595/585	625/635	17-Feb-12	\$88	\$0	9.59%	9.6%	
8-Mar-12	XEO	595/585	630/640	16-Mar-12	\$113	\$785	-75.77%		
15-Mar-12	XEO	615/605	650/660	23-Mar-12	\$68	\$0	7.24%		
22-Mar-12	XEO	620/610	655/665	30-Mar-12	\$78	\$0	8.40%	-60.1%	
5-Apr-12	XEO	620/610	660/670	16-Apr-12	\$78	\$0	8.40%		
12-Apr-12	XEO	600/590	645/655	20-Apr-12	\$73	\$0	7.82%		
19-Apr-12	XEO	610/600	650/660	27-Apr-12	\$93	\$0	10.19%	26.4%	
	XEO						Annualized Return	284.0%	